

## Periodic report (S)

<b>Datum</b>	30/11/2025
<b>Name</b>	Jonas
<b>Last name</b>	Schaefer
<b>Period term</b>	15-09-2025 / 25-12-2025
<b>Period</b>	WP 1
<b>Group code</b>	ITP E
<b>Training per week</b>	1 x 1 uur
Base Skills 1	
<b>Coordination</b>	Geselecteerde waarde: 8 (0 min / 10 max)
<b>Movement skills</b>	Geselecteerde waarde: 8 (0 min / 10 max)
<b>Balance</b>	Geselecteerde waarde: 7 (0 min / 10 max)
<b>Feel for timing</b>	Geselecteerde waarde: 7 (0 min / 10 max)
<b>Swing feeling</b>	Geselecteerde waarde: 8 (0 min / 10 max)
Base Skills 2	
<b>Attention Control</b>	Geselecteerde waarde: 6 (0 min / 10 max)
<b>Correction sensitivity</b>	Geselecteerde waarde: 6 (0 min / 10 max)
<b>Motivation</b>	Geselecteerde waarde: 7 (0 min / 10 max)
Technical Evaluation	
<b>FH</b>	Geselecteerde waarde: 8 (0 min / 10 max)

<b>Observation / Analyse</b>	The player has a good swing, he has to finish over his shoulder. It is important to stand still during the shot.
<b>Personal Key Points</b>	<ul style="list-style-type: none"> <li>- Balance.</li> <li>- Walk to the ball to position correct.</li> <li>- Don't swing hard, keep the swing and the ball under control.</li> </ul>
<b>BH</b>	Geselecteerde waarde: 8 (0 min / 10 max)
<b>Oberservation / Analyse</b>	The player can hit a nice BH with 2 hands. Try to finish the shot always over the shoulder.
<b>Personal Key Points</b>	<ul style="list-style-type: none"> <li>- Balance.</li> <li>- Walk to the ball to position correct.</li> <li>- Don't swing hard, keep the swing and the ball under control.</li> </ul>
<b>Service</b>	Geselecteerde waarde: 7 (0 min / 10 max)
<b>Oberservation / Analyse</b>	The player can hit a serve above his head to the other side.
<b>Personal Key Points</b>	- First throw the ball good up before you hit the serve.
<b>FH Volley</b>	Geselecteerde waarde: 7 (0 min / 10 max)
<b>Oberservation / Analyse</b>	The player can hit the ball back from the air.
<b>Personal Key Points</b>	- No swing only block the ball.
<b>BH Volley</b>	Geselecteerde waarde: 6 (0 min / 10 max)
<b>Oberservation / Analyse</b>	The player can block the ball when it comes to him
<b>Personal Key Points</b>	N/A
<b>Smash</b>	Geselecteerde waarde: 7 (0 min / 10 max)
<b>Oberservation / Analyse</b>	The player can hit the ball above his head back.
<b>Personal Key Points</b>	N/A
<b>Lob</b>	Geselecteerde waarde: 7 (0 min / 10 max)

<b>Oberservation / Analyse</b>	The player can play the ball high when needed.
<b>Personal Key Points</b>	N/A
<b>Oberservation / Analyse</b>	N/A
<b>Personal Key Points</b>	N/A
End Evaluation	
<b>Progression</b>	Geselecteerde waarde: 8 (0 min / 10 max)
<b>End Evaluation</b>	Geselecteerde waarde: 8 (0 min / 10 max)
<b>Personal Note / Evaluation</b>	<p>I see Jonas as a boy with a lot of energy. When he is focused he can swing both the FH and BH nice and controlled over the shoulder. He is still very playful but that we can not aspect more at that age. The most important now is that he start to play matches with the red ball this can be friendly intern or extern.. My recommendation is to let him train now 2x in the week to develop faster. 2x 1 hour for now will be the best. The player will progress 3 times as much when they train 2 times in the week. He has the perfect age to learn now and to get better. When he train good he will be a good technical player at young age.</p>
<b>Signed by:</b>	